

NEWSLETTER



St. Fillans
Medical Centre

ISSUE 6 – June 2026

www.stfillansmedicalcentre.co.uk

Practice Improvements



We're delighted that our newly refurbished Nurse Hub is now fully operational following a successful application for an NHSE grant. The additional clinical rooms are already helping us increase clinical capacity and support the training of future healthcare professionals, including GP Registrars, Student Nurses and Doctors.

These improvements will help us continue providing high-quality care for our growing patient population.

Supporting Local Charities

We're proud to be supporting two fantastic charities **Rosemere Cancer Foundation** and **Hearing Dogs for Deaf People**

Thank you to everyone who has supported our fundraising activities:

- Supported **Rosemere's Walk in the Dark**
- Raised over £2,500 for **Hearing Dogs**

Look out for more fundraising activities throughout the year!

As we head into summer, we'd like to thank all our patients for your continued support. In this edition, you'll find updates from around the practice and health tips to help you stay well this summer.

Our Clinical Team is Growing!

We're pleased to welcome back Dr Matthew Theobald to St Fillans as a Salaried GP, after successfully completing his GP Registrar training with us





Spring Covid Booster Programme

Our Spring Covid Booster campaign has been another success. More than 130 vaccinations have already been delivered, including visits to care homes and housebound patients. Thank you to everyone who attended their appointment and helped protect themselves and those around them.



Improving our Appointment System

Following feedback from both patients and our Patient Participation Group (PPG) we've been reviewing our Total Triage system. Patients told us that they would prefer:

- more certainty around routine appointment times
- clearer information when waiting for telephone appointments

We're currently developing changes that aim to improve patient experience whilst maintaining the flexibility GPs need to provide safe care.

Thank you to everyone who has shared feedback - it really does help shape our services!

Summer Health Tip

Remember to stay safe during warm weather:



- drink plenty of water
- wear sunscreen (SPF30 or above)
- keep medications stored according to instructions
- older adults and young children are particularly vulnerable during hot weather

For more summer health advice visit www.nhs.uk/live-well

Join your Patient Participation Group

PPGs represent patients and provide feedback on GP practices, helping to drive change

Our PPG continues to play an important role in helping shape the future of the practice. If you'd like to become involved, please visit our website.

We'd especially welcome younger patients, working-age adults and families to ensure the group reflects our whole practice population.

Practice Training Closures (from 1pm)

- Tues 14th July
- Tues 15th Sept
- Tues 13th Oct